

Lynn Rotin

Public Bills Committee

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Dear Chair, Public Bills Committee:

I am a mother, an artist, a gardener, an intrepid traveller, and so much more. My name is Lynn Rotin. I live with Bipolar Disorder. However, I'm able to manage my illness because I have a sound support system. My family and friends can step in to advocate for me because I provided consent to share my history with the medical system. However, this option isn't available to adults who are too ill to be able to advocate for themselves or to ask others to step in to help them. Often, they don't even realize they are mentally unwell.

The amendment proposed to PHIA 38(1)(d) is incredibly important to protect the health, safety and the lives of Nova Scotians.

Many parents of young adults have been powerless to help their children because they lack legal permission to advocate for them. Instead, they have watched their children become increasingly unwell until they slip into mental crises and end their lives by suicide. This is heartbreaking because it doesn't have to be this way.

These laws have to change. They do more harm than good.

I am grateful to this government for putting forward this amendment to truly support the health, wellness, and welfare of the mentally ill. Enabling collaboration with their families and caregivers is paramount.

Respectfully submitted,
Lynn Rotin
Via email

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