Gordon D Hebb - Snow Sport Helmets

From:

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To:

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Date:

09 December 2011 12:42 PM

Subject: Snow Sport Helmets

December 11, 2011

Honourable Ross Landry
Minister of Nova Scotia Department of Justice
Chair of the Law Amendments Committee
5151 Terminal Road
P.O. Box 7
Halifax, Nova Scotia B3J 2L6
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Re: Snow Sport Helmet Act, Bill 131

Honourable Ross Landry,

I was pleased to hear the announcement of the Snow and Sport Helmet Act, Bill 131 by the Minister of Health, Honourable Maureen MacDonald on December 6th. I am writing this letter to indicate my full support of this legislation.

As a Canadian, I have a strong commitment to support any movements or legislation aimed at the prevention of traumatic brain injury (TBI) in this country. As a Canadian with a brain injury, my commitment is profound. My personal experience informs me that a brain injury is a tragic, life-altering event that I would wish on no one. If there is anything any of us can do to prevent such injuries, then we absolutely must act.

I know that skiing and snowboarding injuries occur on ski hills in NS, as they do everywhere, and the severity of brain injury while skiing and snowboarding can be decreased by as much as 88% with the use of helmets. Therefore, I strongly encourage you to pass this very important piece of legislation.

Sincerely,

Val Lougheed

Val Lougheed, MEd, RSW, CCRC, MCVP, CVE, RRP President Northern Lights Canada www.northernlightscanada.ca

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