

December 8, 2011

Honourable Ross Landry
Minister of Nova Scotia Department of Justice
Chair of the Law Amendments Committee
5151 Terminal Road
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Re: Snow Sport Helmet Act, Bill 131

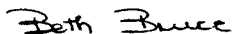
Honourable Ross Landry,

I was pleased to hear the announcement of the Snow Sport Helmet Act, Bill 131 by the Minister of Health, Honourable Maureen MacDonald this week. In the event I cannot attend Law Amendments Committee meeting, I am writing this letter to indicate my support of this legislation.

As a health professional and a health researcher who has seen the life altering consequences of a traumatic brain injury, I have been a strong advocate for the prevention of these brain injuries. Not only are the fiscal costs staggering but more importantly, I have witnessed the profound devastation these injuries impose on families such as suicide, divorce, unemployment, and social isolation to name a few.

We know that head injuries are the most common skiing injury and the injury that most often results in hospitalization and moreover, the leading cause of death among skiers. Helmets significantly reduce the impact of an injury or can prevent an injury from occurring. As nationally recognized leaders in injury prevention, I strongly encourage you to support this legislation that will result in a safer Nova Scotia for people to live, play and work.

Sincerely,



Dr. Beth Bruce, RN, PhD

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